



LITERATURE DISTRIBUTION CENTER AL-ANON/ALATEEN SERVICE OFFICE



FALL
QUARTERLY NEWSLETTER

<http://alanonalateenserviceofficeraleigh.org>

ABOUT LDC

WE SHIP IN 24 HOURS

OUR OFFICE HOURS
MON-THURS 9AM - 5PM

- Started in 1977 to help groups get their literature quickly.
- We provide literature to groups in NC,SC,GA,FL,TN,TX, and VA.
- The LDC employs one salaried person, and relies on the help of volunteers.
- We are a nonprofit owned by no one and run by a volunteer Board of Dir. which meets quarterly.

We are also an AIS
(Al-Anon Information Service)

VISIT & BUY LDC

3509 Haworth Drive
Suite 200
Raleigh, NC 27609

Website:
<http://alanonalateenserviceofficeraleigh.org>

Email: aso_ldc@bellsouth.net

(919) 787-1653

*One Day at
a Time*

Judy's Journal



- ❖ **We are just a phone call away!** Telephone calls are preferred, but mail orders are also accepted. PLEASE put your phone number on any mail orders in case we need to contact you.
- ❖ **Please remember** orders for convention, public outreach, and full cases need a 3 week turn-around as the office cannot afford to stock that much inventory.
- ❖ **Service is Gratitude in Action...We Need You!** We always welcome Al-Anon and Alateen members to stop by the Service Office any time during business hours. **We need volunteers** almost every afternoon to help with shipping outgoing orders, counting pamphlets into packets of 10 and to customize the CAL order forms with our office information.
- ❖ Literatura de Alanon está disponible en Español .
(Alanon Literature is available in SPANISH.)
- ❖ **WE HAVE GIFT CERTIFICATES AVAILABLE; GREAT FOR ALL OCCASSIONS.**
- ❖ **The LDC needs QUICKBOOKS Knowledge, Please Volunteer Your Expertise.**

NEED A MENTAL SNACK BETWEEN MEETINGS?

Pick the nourishment you need til your next meeting...

- Keep It Simple
- But For The Grace Of God
- Easy Does It
- First Things First
- Just For Today
- Let It Begin With Me
- How Important Is It
- Think
- One Day At A Time
- Keep An Open Mind
- Live And Let Live
- Let Go And Let God



We are looking for New Board Members with a Commitment to Service. Please contact LDC Office if interested.





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SPRING QUARTERLY NEWSLETTER

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CONTRIBUTE LDC

YEARLY FIGURES

2018-1Q

CONTRIBUTIONS BY STATE

NC	\$ 2,022.81
SC	\$ 2,208.43
OTHER	\$ 20.00

2017

CONTRIBUTIONS BY STATE

NC	\$ 12,256.72
SC	\$ 4,650.16
OTHER	\$ 322.82



GIFT CERTIFICATE

Give the Perfect
Gift Every Time!
One Size Fit All

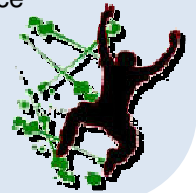
Call Us To
Get yours.



ALATEEN TALK.

What makes a healthy meeting?

- Members of healthy groups share their experience, strength, and hope.
- A healthy group provides unity by taking a group conscience when necessary and adhering to what is the greatest good for the greatest number of people.
- Healthy groups members avoid the gossip, dominance and discussion of religion.
- Members of healthy groups maintain the anonymity of other group members at all times.
- Healthy groups members enthusiastically encourage undertaking service responsibilities
- Healthy groups rotate service responsibilities on a regular basis.
- Healthy groups use Conference Approved Literature regularly and programmers use the wealth of literature available (not just the daily readers.)



Book of the QTR



Opening Our Hearts, Transforming Our Losses

Grief and loss affect almost every aspect of living-or having lived-with alcoholism. Members share how they have learned to acknowledge and accept these losses with the help of Al-Anon Family Groups. (B-29)

We hope you enjoy the newsletter and find it helpful when placing orders as well as keeping touch with the Service Office.

Our goal is to provide exceptional service each and every time you place an order with us. The newsletter serves as a vehicle for informing you of what the Service Office can do to assist with your literature needs.

Thank you very much for your support.

CONTRIBUTION FORM

Please accept our group's donation to the Al-Anon/Alateen Service Office. We want to express our support and gratitude for your prompt and courteous service.

Name of donating group: _____ Address: _____

Phone number and contact person: _____

Amount of donation: \$50 \$25 \$10 Other

Check# _____ Please make check payable to: Al-Anon/Alateen Service Office
(DON'T FORGET YOUR PHONE# ON THE CHECK)

Credit Card: MASTER CARD _____ VISA _____

Name of card holder: _____ Card# _____ Exp Date: _____ Security Code _____

Al-Anon/Alateen Service Office 3509 Haworth Drive Suite 200 Raleigh, NC 27609
You may also call the Literature Office to make donations: 919-787-1653